



**FOX CHAPEL AREA HIGH SCHOOL & DORSEYVILLE MIDDLE SCHOOL
2023-2024 WINTER SPORTS REGISTRATION IS NOW OPEN!**

FCAHS & DMS FIRST OFFICIAL DAY OF PRACTICE IS FRIDAY, NOVEMBER 17, 2023.

ALL ATHLETES MUST REGISTER FOR THE WINTER 2023-2024 SPORTS SEASON. To register for the winter sports season, visit www.fcasdathletics.org and click on the FinalForms button under the “Registration” heading to register your child on the FinalForms platform. Once on the FinalForms webpage, locate the “Parent” icon and click on LOGIN or NEW ACCOUNT and follow the prompts on the screen to register your child for winter sports. **All required forms can and should be uploaded through the FinalForms site.** You can find additional registration instructions by clicking [here](#).

Students must have a physical to participate in a winter sport. If a student had a physical to participate in a fall 2023 sport, a new physical is not needed.

FREE SPORTS PHYSICALS FOR FCAHS AND DMS STUDENTS WILL BE HELD ON MONDAY, OCTOBER 2, 2023, FOR THOSE STUDENTS WHO DO NOT PLAN TO RECEIVE A PHYSICAL FROM THEIR OWN PHYSICIAN. Physicals will be given from 6-7:15 p.m. in the high school athletic training room. Please use the entrance at the fox statue. Upon entering the building, students will be directed to report to the athletic training room. No appointment is necessary, but any student wishing to receive a physical from the school physician will be required to have previously registered on the FinalForms platform and bring a signed (by the parent/guardian) PIAA section 6 of the physical form prior to receiving a physical.

USING YOUR OWN PHYSICIAN: A student may also receive a physical from their own physician. All physicals completed by a student’s physician should be directly uploaded to the FinalForms account. This should be completed by **FRIDAY, NOVEMBER 10, 2023.**

Anyone having difficulties using the FinalForms site may submit their child’s forms via email directly to the athletic office at michelle_wilhere@fcasd.edu by Friday, November 10, 2023.

BASELINE ImPACT CONCUSSION TESTING INFORMATION: Students entering grades 7, 9, and 11, OR students new to a contact sport can take the test at home by visiting www.impacttestonline.com/schools AND entering customer code 89798BDA2C in the box at the center of the screen to access the ImPACT test. All tests must be completed by **FRIDAY, NOVEMBER 10, 2023.**

NO STUDENT WILL BE PERMITTED TO PARTICIPATE IN PRACTICE/TRYOUTS WITHOUT:

- A physical
- A completed FinalForms registration on file in the athletic office prior to the first day of winter sports
- An ImPACT baseline concussion test for players entering grades 7, 9, and 11, OR players new to a contact sport

HIGH SCHOOL

Mandatory winter sports PIAA practices begin on Friday, November 17, 2023, unless otherwise noted (*).

<u>Sport</u>	<u>First Practice</u>	<u>Time</u>	<u>Location</u>
Boys Basketball	November 17	3-6 p.m.	HS Main Gym
Boys 9th-Grade Basketball	November 17	3-5 p.m.	HS Aux Gym
Girls Basketball	November 17	5:30-7:30 p.m.	HS Aux Gym
B/G Diving	November 17	2:30-4 p.m.	HS Pool
Gymnastics	November 20*	3:30-5:30 p.m.	Roots Gymnastics
B/G Indoor Track	December 6*	2:45-4 p.m.	HS Cafeteria
B/G Swimming	November 17	4-6 p.m.	HS Pool
Boys Wrestling	November 17	4-6 p.m.	HS Wrestling Room
Girls Wrestling	November 17	2:45-4 p.m.	HS Wrestling Room

DORSEYVILLE MIDDLE SCHOOL

<u>Sport</u>	<u>First Practice</u>	<u>Time</u>	<u>Location</u>
Boys 7th-Grade Basketball	November 17	6-7:30 p.m.	HS Aux Gym
Boys 8th-Grade Basketball	November 17	7:30-9 p.m.	HS Aux Gym
Girls 7th-Grade Basketball	November 17	3:30-5:15 p.m.	DMS Gym
Girls 8th-Grade Basketball	November 17	3:30-5:15 p.m.	DMS Gym
7th-/8th-Grade Wrestling	November 17	3:30-5:15 p.m.	DMS Aux Gym

Practice locations are subject to change. Individuals who are registered will be notified by the coach if there is a change in time/location.

Please direct all questions to the athletics office or contact the individual head coach for more information regarding physicals and details on the first day of practice. Tryout/practice schedules for the remainder of the week and beyond will be communicated with the students directly. Parents and students should not expect any additional emails to be sent by the individual coaches or athletic department prior to the first day of practice/tryouts.

Game schedules may be found by visiting the athletic department website at www.fcasdathletics.org and following the schedule link to the respective teams.

Fox Chapel Area Athletics Office Staff

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