



**FOX CHAPEL AREA HIGH SCHOOL & DORSEYVILLE MIDDLE SCHOOL
2023 FALL SPORTS REGISTRATION IS NOW OPEN!**

FCAHS & DMS FIRST OFFICIAL DAY OF PRACTICE IS MONDAY, AUGUST 14, 2023.

ALL ATHLETES MUST REGISTER FOR THE FALL 2023 SPORTS SEASON. To register, go to www.fcasdathletics.org and click on the link that says "FINAL FORMS Register Now" to register your child on the FinalForms Registration platform. Once on the FinalForms webpage, locate the "Parent" icon and click on NEW ACCOUNT and follow the prompts on the screen to register your child for fall sports. You can find additional instructions by clicking [here](#).

Students must have a physical to participate in fall sports. All prior physicals and registrations expire on May 31, 2023. **As a result, all students who participated in the athletics programs in the Fox Chapel Area School District during the 2022-2023 school year will need a new physical for the 2023-2024 fall season.**

PHYSICALS WILL BE HELD ON THURSDAY, JUNE 1, 2023, FOR STUDENTS WHO DO NOT PLAN TO RECEIVE A PHYSICAL FROM THEIR PHYSICIAN. No appointment is necessary, but any student wishing to receive a physical from the school physician will be required to have previously registered on the Final Forms system and bring a signed (by the parent/guardian) PIAA section 5 of the physical form prior to receiving a physical.

**HIGH SCHOOL: 5-6 p.m. – High School Training Room (enter by the fox statue)
MIDDLE SCHOOL: 6-7 p.m. – High School Training Room**

USING YOUR OWN PHYSICIAN: A student may also receive a physical from their own physician. All completed physicals are due, along with sections 5/6 of the PIAA physical form and completed FinalForms registration to the athletic office by **FRIDAY, AUGUST 4, 2023.**

BASELINE ImPACT CONCUSSION TESTING INFORMATION: Students entering grades 7, 9, and 11, OR students new to a contact sport can take the test at home by visiting www.impacttestonline.com/schools AND entering customer code 89798BDA2C in the box at the center of the screen to access the ImPACT test. All tests must be completed by **FRIDAY, AUGUST 4, 2023.**



NO STUDENT WILL BE PERMITTED TO PARTICIPATE IN PRACTICE/TRYOUTS WITHOUT:

- A physical
- A completed FinalForms registration on file in the athletic office prior to the first day of fall sports
- An ImPACT baseline concussion test for players entering grades 7, 9, and 11, or players new to a contact sport

HIGH SCHOOL

Mandatory FCAHS fall sports PIAA practices/tryouts begin on Monday, August 14, 2023, unless otherwise noted (*).

SPORT	DATE	TIME	LOCATION
Cheerleading	April 28* (Tryouts)	6-8 p.m.	HS Auxiliary Gym
Boys Crew (Club)	August 21*	3-5:30 p.m.	Alleg. RiverTrail Pk/Aspinwall
Girls Crew (Club)	August 21*	5-7:30 p.m.	Alleg. RiverTrail Pk/Aspinwall
B/G Cross Country	August 14	8-10 a.m.	HS Baseball Field
Field Hockey	August 14	5-7 p.m.	HS Turf Practice Field
Football	August 7**	9-11 a.m.	HS Stadium
Boys Golf	August 7*	9 a.m.	Pgh Nat'l Golf Course
Girls Golf	August 7*	9:40 a.m.	Pgh Nat'l Golf Course
Ice Hockey (Club)	August 6*	TBA	Alpha Ice Rink
Boys Soccer	August 14	8-9:30 a.m.	HS Stadium/Track
Girls Soccer	August 14	7-8:30 a.m.	HS Track
Girls Tennis	August 14	3-5 p.m.	HS Tennis Courts
Girls Volleyball	August 14	5-7 p.m.	HS Main Gym

**Denotes Mandatory Heat Acclimatization



MIDDLE SCHOOL

Mandatory DMS fall sports PIAA practices/tryouts begin on Monday, August 14, 2023, unless otherwise noted (*).

SPORT	DATE	TIME	LOCATION
Cheerleading	May 1, 2, 3, 5* Practice and Tryouts	6-8 p.m.	DMS Aux Gym
B/G Crew (Club)	September 5*	5:30-7:30p.m.	Alleg. RiverTrail Pk/Aspinwall
B/G Cross Country	August 14	3:30-5 p.m.	DMS Stadium
Field Hockey	August 14	5:15-7 p.m.	HS Grass Field
Football	August 7**	8:30 a.m-11:30 a.m	DMS Stadium
Ice Hockey (Club)	August 6*	TBA	Alpha Ice Rink
Boys Soccer	August 14	3:15-5 p.m.	DMS Stadium/Track
Girls Soccer	August 14	3:15-5 p.m.	DMS Track
Girls Volleyball	August 14	3:15-5:15 p.m.	DMS Main Gym

**Denotes Mandatory Heat Acclimatization

Please direct all questions to the athletic office or contact the individual head coach for more information regarding physicals and details on the first day of practice.

Tryout/practice schedules for the remainder of the week and beyond will be communicated with the students directly. Parents and students should not expect any additional emails to be sent by the individual coaches prior to the first day of practice/tryouts.

For more Information on crew, please visit www.fccrew.org or email secretary@fccrew.org. For more information on ice hockey, please visit <https://foxchapelhockey.sportngin.com/>, or email foxchapelhockey@gmail.com.

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