



**FOX CHAPEL AREA HIGH SCHOOL & DORSEYVILLE MIDDLE SCHOOL
2021 FALL SPORTS REGISTRATION IS NOW OPEN!**

FCAHS FIRST OFFICIAL DAY OF PRACTICE IS MONDAY, AUGUST 16, 2021.
DMS FIRST OFFICIAL DAY OF PRACTICE IS WEDNESDAY, AUGUST 18, 2021.

ALL ATHLETES MUST REGISTER FOR THE FALL 2021 FC SPORTS SEASON. To register, go to www.fcasdashletics.org and click on the link that says "Register Now" to register your son/daughter on the Family ID Registration platform for fall sports. Once on the Family ID webpage, scroll to the bottom of the page and click on 2021 Fall Sports Registration in order to begin the registration process.

Students must have a physical to participate in fall sports. All prior physicals and registrations expire on May 31, 2021. As a result, all students who participated in the athletics programs at Fox Chapel Area during the 2020-2021 school year will need a NEW physical for the 2021-2022 fall season.

SPORTS PHYSICALS WILL BE HELD ON TUESDAY, JUNE 1, 2021, FOR THOSE STUDENTS WHO DO NOT PLAN TO RECEIVE A PHYSICAL FROM THEIR OWN PHYSICIAN. No appointment is necessary, but any student wishing to receive a physical from the school physician will be required to have previously registered on the Family ID system and bring a signed (by the parent/guardian) PIAA section 5 of the physical form prior to receiving a physical.

HIGH SCHOOL: 6-7:30 p.m. – High School Training Room (enter by fox statue)
MIDDLE SCHOOL: 7:30-8:45 p.m. – High School Training Room

USING YOUR OWN PHYSICIAN: A student may also receive a physical from his/her own physician. All completed physicals are due, along with sections 5/6 of the PIAA physical form, to the athletic office by **FRIDAY, AUGUST 6, 2021,** along with the **completed Family ID Registration.**

BASELINE ImPACT CONCUSSION TESTING INFORMATION: Students entering grades 7, 9, and 11, OR students new to a contact sport, for the fall, winter, and spring seasons, can take the test at home by visiting www.impacttestonline.com/schools AND entering customer code 89798BDA2C in the box at the center of the screen to access the ImPACT test. All tests must be completed by **FRIDAY, AUGUST 6, 2021**.

NO student will be permitted to participate in practice/tryouts without

- A physical
- A completed Family ID Registration on file in the athletic office prior to the first day of fall sports
- An ImPACT baseline concussion test for players entering grades 7, 9, and 11, or players new to a contact sport

FCAHS FOOTBALL PLAYERS: HEAT ACCLIMATIZATION will begin **Monday, August 9, 2021**, for JV/Varsity players ONLY. Physicals must be completed and turned in prior to their participation.

HIGH SCHOOL

Mandatory fall sports PIAA practices begin on Monday, August 16, 2021, except* where noted below.

<u>Sport</u>	<u>1st Practice</u>	<u>Time</u>	<u>Location</u>
Cheerleading	May 7* (tryouts)	6-8 p.m.	HS Auxiliary Gym
B/G Cross Country	Aug. 16	2:30 p.m.	HS Baseball Field
Field Hockey	Aug. 16	5-7 p.m.	HS Turf Practice Field
Football	Aug. 9*	8 a.m.-noon	HS Stadium
Boys Golf	Aug. 16	8:30 a.m.	Pgh. National Golf Club
Girls Golf	Aug. 16	8 a.m.	Pgh. National Golf Club
Boys Soccer	Aug. 16	8-9:30 a.m.	HS Stadium/Track
Girls Soccer	Aug. 16	6:30-8 a.m.	HS Track
Girls Tennis	Aug. 16	3:30-5:30 p.m.	HS Tennis Courts
Girls Volleyball	Aug. 16	4-7:30 p.m.	HS Main Gym

(DMS schedule & further information on next page)

MIDDLE SCHOOL

Mandatory DMS fall sports PIAA practices/tryouts begin on Wednesday, August 18, 2020, except* where noted below.

<u>Sport</u>	<u>1st Practice</u>	<u>Time</u>	<u>Location</u>
Cheerleading	April 30* (tryouts)	6-8 p.m.	DMS Main Gym
Girls Volleyball	Aug. 18	3:15-5:15 p.m.	DMS Main Gym
B/G Cross Country	Aug. 18	3:30-5 p.m.	DMS Track
Field Hockey	Aug. 18	4:15-5:45 p.m.	HS Grass Field
Football	Aug. 18	3-5:15 p.m.	DMS Stadium Field
Boys Soccer	Aug. 18	3:30-5 p.m.	DMS Stadium Field
Girls Soccer	Aug. 18	3:30-5 p.m.	DMS Stadium Field

Please direct all questions to the athletic office, or contact the individual head coach, for more information regarding physicals and details on the first day of practice.

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