



**FOX CHAPEL AREA HIGH SCHOOL & DORSEYVILLE MIDDLE SCHOOL
2020 FALL SPORTS REGISTRATION IS NOW OPEN!**

**FCAHS FIRST OFFICIAL DAY OF PRACTICE IS MONDAY, AUGUST 17, 2020
DMS FIRST OFFICIAL DAY OF PRACTICE IS WEDNESDAY, AUGUST 19, 2020**

SPORTS PHYSICALS WILL BE HELD ON MONDAY, AUGUST 3, 2020, for those students who do not plan to receive a physical from their own physician.

- No appointment is necessary, but any student wishing to receive a physical from the school physician will be required to have previously registered on the Family ID system and bring a signed (by the parent/guardian) PIAA section 5 of the physical form prior to receiving a physical.
- **HIGH SCHOOL: 8-10 a.m. – High School Field House Training Room**
- **MIDDLE SCHOOL: 10 a.m.-noon – High School Field House Training Room**

ImPACT concussion testing for students entering grades 7, 9, and 11, OR students new to a contact sport, can access the test at home (see the details on page 2)

TO REGISTER FOR THE FALL 2020 FC SPORTS SEASON: Go to www.fcasathletics.org and click on the link that says “Register Now” (see below) to register your son/daughter on the Family ID Registration platform for fall sports.

REGISTRATION



Fall sports physicals are now available. Click the button above to register.

Once on the Family ID webpage, scroll to the bottom of the page and click on **2020 Fall Sports Registration** in order to begin the registration process.

A Few Notes to Parents: If your son/daughter plans to participate in a fall sport, he/she must receive a physical in order to participate in the sport of his/her choosing.

- All prior physicals and registrations expire on May 31, 2020. As a result, all students who participated in the athletics programs at Fox Chapel Area during the 2019-2020 school year will need a **NEW physical for the 2020-2021 fall season.**
- **Baseline ImPACT concussion testing information: Students entering grades 7, 9, and 11, for the fall season only, can take the test at home by visiting www.impacttestonline.com/schools AND entering customer code 89798BDA2C in the box at the center of the screen to access the ImPACT test. All tests must be **completed by Tuesday, August 4, 2020.****
- **Using Your Own Physician:** A student may also receive a physical from his/her own physician. All completed physicals are due, along with sections 5/6 of the PIAA physical form, to the athletic office by **TUESDAY, AUGUST 4, 2020, along with the completed Family ID Registration.**
- NO student will be permitted to participate in practice/tryouts without ...
 1. A physical
 2. A completed Family ID Registration on file in the athletic office prior to the first day of fall sports
 3. An ImPACT baseline concussion test for players entering grades 7, 9, and 11, or players new to a contact sport
- **FCAHS FOOTBALL PLAYERS:** HEAT ACCLIMATIZATION will begin **Monday, August 10, 2020**, for JV/varsity players ONLY. Physicals must be completed and turned in prior to their participation.

HIGH SCHOOL

Mandatory fall sports PIAA practices begin on Monday, August 17, 2020, EXCEPT* where noted below.

<u>SPORT</u>	<u>1st Day of Practice</u>	<u>Time</u>	<u>Location</u>
Cheerleading	August 10*	9 a.m.-5 p.m.	HS Auxiliary Gym
B/G Cross Country	August 17	2:30 p.m.	HS Baseball Field
Field Hockey	August 17	5-7 p.m.	HS Turf Practice Field
Football	August 10*	8 a.m.-noon	HS Stadium
Boys Golf	August 17	8:30 a.m.	Pgh. National Golf Club
Girls Golf	August 17	10 a.m.	Pine Creek Golf Club
Boys Soccer	August 17	8-9:30 a.m.	HS Stadium/Track
Girls Soccer	August 17	6:30-8 a.m.	HS Track
Girls Tennis	August 17	8 a.m.	HS Tennis Courts
Girls Volleyball	August 17	4-7:30 p.m.	HS Main Gym

MIDDLE SCHOOL

Mandatory DMS fall sports PIAA practices/tryouts begin on Wednesday, August 19, 2020.

<u>Sport</u>	<u>Date</u>	<u>Time</u>	<u>Location</u>
Cheerleading	August 19	10 a.m.-noon	DMS Auxiliary Gym
Girls Volleyball	August 19	3:15-5:15 p.m.	DMS Main Gym
B/G Cross Country	August 19	3:30-5 p.m.	DMS Track
Field Hockey	August 19	4:15-5:45 p.m.	HS Grass Field
Football	August 19	3-5:15 p.m.	DMS Stadium Field
Boys Soccer	August 19	3:30-5 p.m.	DMS Stadium Field
Girls Soccer	August 19	3:30-5 p.m.	DMS Stadium Field

Please direct all questions to the athletic office, or contact the individual head coach, for more information regarding physicals and details on the first day of practice.

Athletics Office Staff:

sherri_mohn@fcasd.edu

john_panos@fcasd.edu

michael_obrien@fcasd.edu