



# August 2018



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
****Subject to Change****			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27 Lifting 2:45-3:30	28 Practice 5:30-7:30	29 Lifting 2:45-3:30	30 Varsity Game Vs. North Hills 6:00  JV Practice 3:00-4:30	31	

# September 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 JV Game vs. Bethel Park (DH) 10:00
2	3 NO SCHOOL LABOR DAY	4 Practice 5:30-7:30	5 Lifting 2:45-3:30	6 Varsity Home vs. Deer Lakes 4:00  JV Practice 2:45-4:00	7	8 Varsity Home vs. Steel Valley 10:00
9	10 NO SCHOOL	11 Practice 5:30-7:30	12 Lifting 2:45-3:30	13 Varsity Away vs. North Hills @ Herb Field 6:00  JV Practice 3:00-4:30	14	15 Varsity Home vs. Deer Lakes 10:00
16	17 Lifting 2:45-3:30	18 Practice 5:30-7:30	19 NO SCHOOL	20 Practice 3:00-5:00	21	22 Varsity Home vs. Chartiers Valley 10:00
23	24 Lifting 2:45-3:30	25 Practice 5:30-7:30	26 Lifting 2:45-3:30	27 Practice 3:00-5:00	28	29
30						

# October 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Lifting 2:45-3:30	2 Practice 5:30-7:30	3 Lifting 2:45-3:30	4 Practice 3:00-5:00	5	6
7	8 Lifting 2:45-3:30	9 Practice 5:30-7:30	10 <b>EARLY DISMISSAL NO LIFTING</b>	11	12	13 <b>2<sup>nd</sup> Annual RED-WHITE GAME JV &amp; VARSITY</b>
14	15 Lifting 2:45-3:30	16	17 Lifting 2:45-3:30	18	19	20
21	22 Lifting 2:45-3:30	23	24 Lifting 2:45-3:30	25	26	27

28	29	30	31			

