



## FOX CHAPEL AREA SCHOOL DISTRICT SPORTS PHYSICAL EXAMS

The Fox Chapel Area Athletic Training Department in conjunction with *UPMC Dr. Matthew Schaffer* will be providing pre-participation physical exams, at no cost, for high school and middle school athletes' participation in the **SPRING** sports season on the following dates/times:

**ONLINE PHYSICAL REGISTRATION MUST BE COMPLETED BEFORE DR. SCHAFFER CAN ADMINISTER A PHYSICAL AT THE SCHOOL.**

### HIGH SCHOOL:

DAY:	DATE:	TEAM:	PHYSICAL LOCATION:	TIME:
Mon.,	February 11, 2019	Boys' JV/Varsity Tennis Boys' 9 <sup>th</sup> Grade, JV/Varsity Baseball Boys' Track Boys' JV/Varsity Lacrosse Boys' JV/Varsity Volleyball	High School Nurse's Office	2:30 p.m.
Mon.,	February 11, 2019	Girls' Track Girls' JV/Varsity Softball Girls' JV/Varsity Lacrosse	High School Nurse's Office	2:30 p.m.

**\*\*\*HS ImPACT testing will occur on Monday, February 11, 2019. ImPACT testing will be held in the high school computer lab room 126 from 2:30pm to 4:30pm.**

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### DORSEYVILLE MIDDLE SCHOOL:

DAY:	DATE:	TEAM:	PHYSICAL LOCATION:	TIME:
Mon.,	February 11, 2019	Boys' 7 <sup>th</sup> /8 <sup>th</sup> Grade Volleyball Boys' 7 <sup>th</sup> /8 <sup>th</sup> Grade Baseball Boys' 7 <sup>th</sup> /8 <sup>th</sup> Grade Track	DMS Nurse's Office	By Appt.
Mon.,	February 11, 2019	Girls' 7 <sup>th</sup> /8 <sup>th</sup> Grade Track Girls' 7 <sup>th</sup> /8 <sup>th</sup> Grade Softball	DMS Nurse's Office	By Appt.

**\*\*\*ImPACT testing dates will be the same as the DMS physical dates listed above for their respective sports. ImPACT testing will be held in DMS Computer Lab L-10 from 3:00pm to 4:00pm.**

### **PHYSICALS ARE DUE TO THE ATHLETIC OFFICE NO LATER THAN FRIDAY, FEBRUARY 22, 2019.**

Physicals will last approximately 45 minutes. Athletes should wear shorts and t-shirts the day of the exam. On-line physical registration is required (Family ID) must be filled out by parents prior to students' receiving their physical. Please visit [www.fcasdathletics.org](http://www.fcasdathletics.org) and look for the Family ID link. No physicals will be given without registration being completed on the Family ID system. Any questions, **please call John Panos, Athletic Trainer/Assistant Athletic Director at 412-967-4407.**

Under PIAA By-Laws, all athletes must have a physical examination by a licensed physician before beginning practice. Only ONE sports physical is required for each academic year to participate in interscholastic athletics. No athlete will be permitted to participate in interscholastic athletics for the Fox Chapel Area School District until the following requirements have been satisfied:

1. Physical Examination Registration (Family ID)—Must be completed along with sections 5 and 6 of the PIAA CIPPE forms. All documents and registration should be turned into the **ATHLETIC OFFICE NO LATER THAN Friday, February 22, 2019, at 2:30 p.m.**
2. **ALL FORMS MUST BE TURNED INTO THE HEAD COACH or ATHLETIC OFFICE NO LATER THAN Friday, February 22, 2019.** You may obtain a physical from your personal physician however, if you choose to do so, you are still required to complete the Family ID registration process and turn in section 5 and 6 of the PIAA CIPPE Forms.
3. Students with pre-existing injuries are not eligible to receive a physical from the school physician until medical clearance is received from treating physician.
4. **Students who previously participated in a fall or winter sport will only be required to register on the FAMILY ID system for their sport of choice. Physicals will still be valid from participation in a previous season.**

**\*\*No student will be permitted to participate in a sport without a completed physical that falls within the desired guidelines.\*\***