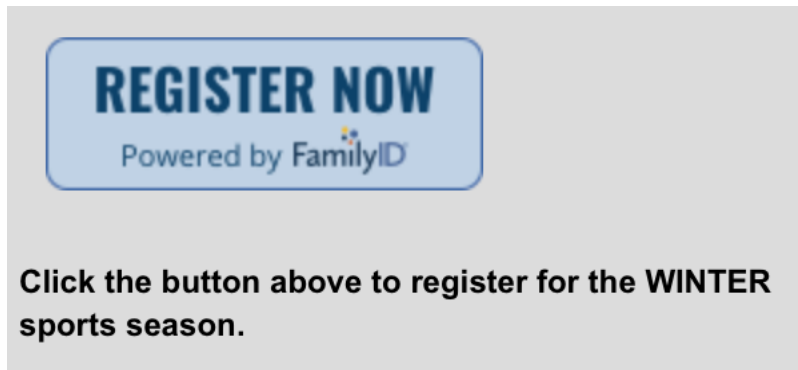


**FOX CHAPEL AREA HIGH SCHOOL
WINTER SPORTS FIRST OFFICIAL DAY OF PRACTICE IS
FRIDAY, NOVEMBER 17, 2017**

**ATHLETIC PHYSICAL REGISTRATION FOR WINTER SPORTS IS NOW
OPEN!**

Go to www.fcasdathletics.org and "click" on the link (see below) to register your son/daughter on the Family ID Registration platform for winter sports.



Once on the Family ID webpage, scroll to the bottom of the page and "click" on [2017 Winter Sports Registration](#) in order to begin the registration process.

A Few Reminders to Parents:

- If your son/daughter plans to participate in a winter sport, he/she must receive a physical in order to participate in the sport of his/her choosing.
- *If your son/daughter participated in a fall sport during the 2017 fall campaign, he/she will NOT need a new physical as the one from the previous season will remain valid. A completed Family ID Registration will still be required.*
- Parents will need to complete sections 5/6 of the PIAA physical form (this is the actual health history/physical exam performed by the physician) which will need to be signed and returned by the treating physician to the athletic office by: **WEDNESDAY, NOVEMBER 8, 2017,** along with a completed Family ID Registration.
- Physical and ImPact Testing dates are attached to this email. Any student wishing to receive a physical from the school physician will be required to have previously registered on the Family ID system prior to receiving a physical.

- No student will be permitted to participate in practice/tryouts without a valid physical, a completed Family ID Registration and an ImPact test on file in the athletic office prior to the first day of winter sports.

Mandatory Winter Sports PIAA Practices begin on Friday, November 17, 2017, EXCEPT* where noted below:

SPORT:	1st Day of Practice:	Time:	Location:
Boys' Basketball	November 17	3 pm-6p.m.	HS Main Gym
Girls' Basketball	November 17	5 p.m. – 8 p.m.	HS/Aux Gym
B/G Diving	November 17	2:30 p.m.- 4 p.m.	HS Pool
B/G Indoor Track	December 12	2:45 p.m. – 4 p.m.	Cafeteria
B/G Swimming	November 17	4 p.m.- 6 p.m.	HS Pool
Wrestling	November 17	3 p.m. – 5p.m.	Wrestling Room

Please direct all questions to the athletic office or contact the individual head coach for more information regarding physicals and the first day of practice details.