



Outstanding ATHLETE

Written by Lori Crandell

Ben Stevenson ~ Fox Chapel Crew Club

Cleary Johnson, Ryan Morrissey, Ben Stevenson and Alan McIvor

Ben Stevenson is an upcoming senior at Fox Chapel Area High School. He joined the Fox Chapel Crew Club by chance his sophomore year and was the only Sophomore Novice, as most participants join during their Freshman year. Entering this year, Ben knew he was a year behind his fellow juniors, but he trained hard everyday to overcome the obstacle. The team trains five days a week for two hours a day – all year long. Over the course of the fall and winter seasons, Ben lost over 50 pounds, to which he credits the intense workouts and gaining better eating habits.

This spring, at Midwest Scholastic Regional Championships in Nashport, Ohio Ben, along with his four other teammates, Noah Kasian, Dylan Lukas, Theo Drzewinski, and Emma Swartzman got 2nd in their Junior 4+ race. This meant that they achieved their yearlong goal of placing in the top three and obtaining a spot for their four-man boat at the SRAA Nationals held in Camden, New Jersey this May. He feels it was truly an honor to row amongst the best teams in the country and is determined to return again next year.



Ben Stevenson (at the Fox Chapel Crew Awards Banquet - being awarded his letter for the year)

This summer Ben trained with Steel City in their Competitive Rowing Camp, a 6-day-a-week program from 5:30 a.m. - 11:00 a.m. He is very excited to enter his last year rowing with Fox Chapel under the guidance of Dr. Bellinger and new coach, GW Jones. He has high hopes for what the team can achieve this coming spring. His long-term goal is to be able to extend his rowing career in college, where he can continue on with his newly found passion.

Are You an athlete or know someone who is? We are always looking to highlight the athletes of Fox Chapel. Contact the Editor: foxchapel@n2pub.com 412-913-6835



Emma Swartzman, Theo Drzewinski, Ben Stevenson, Dylan Lukas , Noah Kasian, and coach GW Jones.



Noah Kasian, Dylan Lukas, Ben Stevenson, Theo Drzewinski and Emma Swartzman. - (In the race at Midwest that sent them to Nationals)